Welcome to Didi Hirsch Mental Health Services. A key part of our programs is helping clients connect with essential resources and build support systems that will last far into the future. What follows is a brief list of placements and programs that come recommended by the staff and former clients at Didi Hirsch Crisis Residential programs (Excelsior House and Jump Street). This list is just a start, designed to orient you to some of what is available. Be sure to talk to your counselor for more information.

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To suggest additions, subtractions, or other improvements to the resource guide, please write Will Baum, LCSW: wbbaum@didihirsch.org.

Revised 12/15/2009
Board and Care Facilities
Board and care homes provide supportive, supervised living environments for people with disabilities and mental illness who have difficulty taking care of day-to-day needs. More expensive than other programs, but SSI checks are increased for those staying in Board and Care to make up the difference.

Alcott Center – The Graduate House
1433 South Robertson Boulevard | Los Angeles, CA 90035 | (310) 785-2121 | www.alcottcenter.org

Cheviot Hills Golden Manor
3535 Overland Avenue | Los Angeles, CA 90034 | (310) 836-0510

Gateways Percy Village
3441 Percy Street | Los Angeles, CA 90023 | (323) 268-2100
Program combines board and care and IMD step-down.

Harbor View House
921 S. Beacon St. | San Pedro, CA 90731 | (310) 547-3341 | www.hvi.com
Large, multi-floor board and care. Board and care rate. Day program off-site.

Pacific View Guest Home
2300 S. Pacific Avenue | San Pedro, CA 90731 | (310) 521-9896

Project New Hope
1004 Echo Park Avenue | Los Angeles, CA 90026 | (213) 250-9481 | www.projectnewhope.org
Three adult residential facilities for clients with HIV/AIDS—two in Lawndale, one in Pico-Union. Sliding scale fees.

Sepulveda Residential
8025 Sepulveda Boulevard | Van Nuys, California 91402 | (818) 782-7288 | www.sepulvedaresidential.com

Sunshine Manor
10540 Sherman Grove Avenue | Sunland, CA 91040 | (818) 352-5941

Sunnyside Residential
22713 South Vermont Avenue | Torrance, CA 90502 | (310) 320-3318
Client recommended board and care.

The Manor
1905 Pico Boulevard | Santa Monica, CA 90405 | (310) 450-1748 | www.themanoronline.com

Villa Stanley
335 N. Stanley Avenue | Los Angeles, CA 90036 | (323) 937-4856
Also try Villa Stanley East: (310) 934-2498
Crisis Residential
Didi Hirsch Crisis Residential Programs provide 28-day crisis stabilization, including psychiatric consultation, case management, and group and individual therapy in a structured, homelike environment.

Didi Hirsch Mental Health Services - Excelsior House
1007 Myrtle Avenue | Inglewood, CA 90301 | (310) 412-4191 | www.didihirsch.org
14 beds, 1 unfunded. Referrals by caseworker.

Didi Hirsch Mental Health Services - Jump Street
1233 South La Cienega Boulevard | Los Angeles, CA 90035 | (310) 855-0031 | www.didihirsch.org
10 beds, 1 unfunded. Referrals by caseworker.

Domestic Violence Shelters
Placement for victims of domestic violence. These shelters keep their addresses unlisted to ensure residents’ safety.

Angel Step Inn
(323) 780-7285
Los Angeles.

1736 Family Crisis Center
(213) 745-6434 | www.1736familycrisiscenter.org
Redondo Beach and 2 other locations.

Good Shepherd
(323) 737-6111 | www.goodshepherdssistersna.com
Los Angeles. Long-term treatment and education-oriented shelter primarily for battered women and children. Campus includes 12 self-contained apartments.

Haven Hills
(818) 887-7481 | www.havenhills.org
Canoga Park.

House of Ruth
(909) 623-4364 | www.houseofruthinc.org
Pomona.

Sojourn
(310) 264-6644 x235 | www.opcc.net
Central Los Angeles. Part of OPCC.

Valley Oasis
(800) 945-6736 | www.avdvc.org
Antelope Valley.

Inpatient Programs
These inpatient programs offer a wide range of services. Generally, stays last between six months to two years. The amount of structure—groups, etc.—varies from program to program.

Bell Wellness Program
5600 Rickenbacker Road | Bell, CA 90201 | (323) 263-1206 | www.salvationarmy-socal.org
Inpatient recovery program within Bell Shelter. Usually has long waiting list.

B.R.I.D.G.E.S.
8514 Topanga Canyon Boulevard | Canoga Park, CA 91304 | (818) 999-0143
11927 Elliot Ave | El Monte, CA 91732 | (626) 350-5304
20401 Roscoe Blvd. | Canoga Park, CA 91306 | (818) 998-1565
www.bridgesrehab.org
Transitional living with seven locations in Canoga Park, Lancaster, El Monte, Sylmar. Cost: $916/month via SSI/Medi-Cal. Services: Groups, daily living skills, 12-steps programs. Maximum stay is 18 months. Staff must refer.

Downtown Women’s Center
325 S. Los Angeles Street | Los Angeles, CA 90013 | (213) 680-0600 | www.dwcweb.org
45 single-unit apartments providing permanent, affordable, supportive housing to formerly homeless women.

New Phase
808 E. Brett | Inglewood, CA 90302 | (310) 567-1421 (Michelle)
Community transitional living. Clients with substance abuse issues are sent to an offsite program several days out of the week.

PATH (People Assisting the Homeless)
340 North Madison Avenue | Los Angeles, CA 90004 | (323) 644-2200 | www.epath.org
Transitional living and interim housing. Services: Case management and other services. Maximum stay is six months.

Portals Rampart
238 South Rampart Boulevard | Los Angeles, CA 90057 | (213) 639-2570 | www.portalshouse.org
Transitional living with 15 beds for dual diagnosis only. Cost: According to income (between $600 - $916). Services: Case management including Section 8. Maximum stay is eighteen months. 20 hours a week spent out of house going to school, work, volunteering, groups. Staff must refer. Intake interview with Portals staff, then with clients.

The Harbour
Transitional living for dual diagnosis only. Cost: depends upon income. Medi-Cal only okay. Services: Groups, psychiatry, case management. Maximum stay is six to nine months. Staff must refer.

L.A. Family Housing
7843 Lankershim Blvd. | North Hollywood, CA 91605 | (818) 982-4091 | www.lafh.org
Organization runs variety of programs and housing sites—shelters, transitional living, and permanent housing.

TLC (Transitional Living Center)
16119 Prairie Avenue | Lawndale, CA 90260 | (310) 542-4825

The Westwood Transitional Village (Salvation Army)
1401 South Sepulveda Boulevard | Los Angeles CA 90025 | (310) 477-9539
Salvation Army site provides residential housing and support services for women and homeless families. Services: Licensed childcare on site. Maximum stay is two years.

Semi-independent Living

Alcott Center – The Plaza
1433 South Robertson Boulevard | Los Angeles, CA 90035 | (310) 785-2121 | www.alcottcenter.org
Semi-independent living. Services: Alcott Center also runs rehab, family, and training services. No maximum stay. Medi-Cal required. Clients call.

San Fernando Valley Community Mental Health Satellite Housing

Multiple sites with various services, max stays, etc.

Project New Hope
1004 Echo Park Avenue | Los Angeles, CA 90026 | (213) 250-9481 | www.projectnewhope.org

For clients living with HIV/AIDS, 141 beds located in San Pedro, Silver Lake, Santa Monica, South Los Angeles, Los Angeles, and Hollywood.

USC Satellite
600 St. Paul Ave. Suite 100 | Los Angeles, CA 90017 | (213) 975-9091

Semi-independent for clients with mental illness. Case management and psychiatry provided. Program leases apartments in Koreatown - 4 clients in two-bedroom apartments. Cost: Rent ($250/month) + utilities ($40-50/month) + food. Services: SSI/Medi-Cal only. Maximum stay is eighteen months. Eligibility requirements include medication stability, program compliance, sobriety (long-term preferred). Waitlist usually exceeds 28 days. Clients can self refer; staff faxes paperwork.

SHELTERS
Shelters provide temporary, emergency housing for people without funding or other placement. Some shelters offer limited case management and other services. Most expect clients to leave for the majority of the day.

Bell Shelter
5600 Rickenbacker Road | Bell, CA 90201 | (323) 263-1206 | www.salvationarmy-socal.org

Call at 9:00 a.m. to secure bed. Intake counselor will do phone intake, then will have client come in to do some paperwork. Client can be in shelter for up to 2 years. They have computer classes, GED classes. Medi-Cal accepted.

Daybreak
1751 Cloverfield Blvd. | Santa Monica, CA 90404 | (310) 450-0650 | www.opcc.net

Women only. 14-day emergency shelter (speak with Atara at extension 224). Also, separate long-term program (up to 9 months; speak with Yvonne at extension 231). Corner of Cloverfield and Michigan.

Harbor Light
809 East 5th Street | Los Angeles, CA 90053 | (213) 626-4786 | www.laharborlight.org

Salvation Army-run residential rehab and substance abuse recovery program on Skid Row. Program includes meals, in-house school.

LAMP Shelter
527 South Crocker Street | Los Angeles, CA 90013 | (213) 488-9559 | www.lampcommunity.org

Long Beach Rescue Mission
1335 Pacific Avenue (at Anaheim) | Long Beach, CA 90813 | (562) 591-1292

New Image Shelter
3804 Broadway Place | Los Angeles, CA 90037 | (323) 231-1711 | www.newimageshelter.org

Arrive by 4pm.

OPCC Access Center
1616 7th Street | Santa Monica, CA 90401 | (310) 450-4050 | www.opcc.net

Drop-in center for clothing, showers, sack lunches, and referrals to shelters.
Pathways to Your Future  
6208 West Blvd. | Los Angeles, CA 90043 | (323) 418-8113 | www.ptyf.org
Emergency shelter and transitional living for transitional age youth (18-24 years old). Case management. Stay up to 2 years.

People Helping People  
5701 S. San Pedro Street | Los Angeles, CA 90026 | (323) 232-7956 | www.medstudent.ucla.edu/php
90-day shelter; arrive between 3:30 - 8pm for intake.

Samoshel  
1616 7th Street | Santa Monica, CA 90401 | (310) 581-9825 | www.opcc.net
Shelter and drug program referrals through OPCC. Men and women in separate dorms.

San Julian Shelter  
627 South San Julian Street | Los Angeles, CA 90011

Union Rescue Mission  
545 S. San Pedro Street | Los Angeles, CA 90013 | (213) 347-6300 | www.urm.org
Shelter for men, women, and children. Also runs year-long residential Christian Life Discipleship Program.

Weingart Center Association  
566 South San Pedro Street | Los Angeles, CA 90013 | (213) 627-9000 | www.weingart.org
Housing, case management, and other services.

SOBER LIVING FACILITIES
Sober living facilities house people in recovery together for a relatively low cost. Program and structure are limited, often non-existent. Twelve-step meeting attendance is required by some. Space does not permit listing more than a handful of sober living facilities. Try the Sober Living Network website for extensive listings of sober livings in Southern California.

The Sober Living Network  
P.O. Box 5235 | Santa Monica, CA 90409 | (310) 396-5270 | www.soberhousing.net
Listings and referrals to a huge number of area sober livings.

Cambridge House  
2218 Cambridge Street | Los Angeles, CA 90006 | (323) 735-5542
A 12-step focused sober living for gay men near Pico and Western. $450/month. Sponsor and six weekly AA/NA meetings required.

SUBSTANCE ABUSE TREATMENT PROGRAMS
Inpatient programs focused primarily on recovery from addiction.

Acton Rehabilitation Facility  
30500 Arraster Canyon Road | Acton, CA 93510 | (661) 269-0062
Rehabilitation, dual diagnosis in a 120 day program. Cost: Based on ability to pay. Services: Psychiatry, therapy, relapse prevention, 12-step meetings. Clients must call. L.A. County residents/benefit recipients only. Call between 9-10 & 2-3. No meds after 5pm.

Alcoholism Center for Women (ACW)  
1147 S. Alvarado Street | Los Angeles, CA 90004 | (213) 381-8500 | www.alcoholismcenterforwomen.org
Six-month residential rehab for women. 18 beds. Also provide outpatient services.

Alternatives - Glendale Memorial Hospital  
1420 South Central Avenue | Glendale CA 91204 | (800) DIAL-GAY (342-5429) | www.glendalememorialhospital.org
Substance abuse and mental health treatment specializing in HIV/AIDS. Accepts Medicare.
Beit T'Shuvah
8831 Venice Boulevard | Los Angeles, CA | (310) 204-8910 | [www.beittshuhwahla.org](http://www.beittshuhwahla.org)
Long-term inpatient rehabilitation facility combines 12-steps with Jewish spirituality.

Clare Foundation
1871 9th Street | Santa Monica, CA 90404 | (866) 452-5273 (toll-free) | [www.claresfoundation.org](http://www.claresfoundation.org)
Recovery homes (one for men, one for women). 30 days of sobriety required before start. Has detox services; prefers clients start with their detox.

Didi Hirsch Mental Health Services - Via Avanta
Pacoima, CA | (818) 897-2609 | [www.didihirsch.org](http://www.didihirsch.org)
Residential treatment for women with substance abuse problems and their children (up to age 6). Services: Rehabilitation, mental health treatment, parenting classes, 12-step.

Flossie Lewis
351 East 6th Street | Long Beach, CA 90802 | (562) 435-7350 | [www.ncaddsb.com](http://www.ncaddsb.com)
90 to 120 day recovery house for women (up to 6 months if court ordered with transitional living for up to 1 year after). For women alone or with one infant. Cost: Based on ability to pay. Services: 12-step oriented. 7 GR beds, 20 beds total. Non-Medi-Cal accepted. Dual diagnosis accepted. No morphine-based medications or benzodiazepines.

Phoenix House
503 Ocean Front Walk | Venice, CA 90291 | (310) 392-3070 | [www.phoenixhouse.org](http://www.phoenixhouse.org)
geared for men only

Portals Twin Peaks
255 South Mariposa Avenue | Los Angeles, CA 90004 | (213) 639-2686 | [www.portalshouse.org](http://www.portalshouse.org)
Structured dual diagnosis program. Groups till 3pm. Stays between 9 and 18 months.

Marylind Recovery Centers
[www.marylind.org](http://www.marylind.org)

Bimini Recovery Center (86 beds)
155 S. Bimini Place | Los Angeles, CA 90004 | (213) 388-5423

Rena B. (100 beds)
4445 Burns Ave. | Los Angeles, CA 90029 | (323) 664-8940

Royal Palms Recovery Center (135 beds—all male)
360 S. Westlake Ave. | Los Angeles, CA 90057 | (213) 483-9201

River Community
23701 East Fork Road | Azusa, CA 91702 | (626) 910-1202 | [www.socialmodel.com/treat_recov_river.php](http://www.socialmodel.com/treat_recov_river.php)
Dual diagnosis residential facility. Cost: Accepts health insurance, Medi-Cal/SSI or can pay out of pocket. Some funds for uninsured. Services: Rehabilitation, life-skills, psychiatry, group therapy.

Salvation Army
(213) 896-9160 | [www.salvationarmy-socal.org](http://www.salvationarmy-socal.org)
Variety of treatment facilities and shelters throughout Los Angeles area.

Shields For Families
PO Box 59129 | Los Angeles, CA 90059 | (323) 242-5000 |
www.shieldsforfamilies.org/services.htm
Allow entire family to reside in housing. Also offers outpatient services for families in South L.A./Compton area.

Substance Abuse Foundation, Long Beach (SAF)
3125 East 7th Street | Long Beach, CA 90804 | (562) 439-7755 | www.safinc.org, walk-ins 8am to 2pm for intake, bring id.

Tarzana Treatment Center
(800) 996-1051 (Tarzana); (661) 726-2630 (Lancaster); (310) 218-1868 (Long Beach for women and children) | www.tarzanatc.org
Inpatient and outpatient services. Medical detox at Tarzana location only.

Warm Springs
38200 North Lake Hughes Road | P.O. Box 39 | Castaic, CA 91310 | (661) 257-2342

OTHER RESOURCES

CONTINUING DIDI HIRSCH SERVICES
Employment Services, Outpatient Services, Psychosocial Clubhouse, Case Management (FSP, AB2034, ACT)
4760 South Sepulveda Boulevard | Culver City, CA 90230 | (310) 390-6612
111 North La Brea Avenue, 5th and 7th Floors | Inglewood CA, 90301 | (310) 677-7808
www.didihirsch.org

DENTAL CLINICS

ADAM Dental Center
2511 South Central Avenue | Los Angeles, CA 90011 | (213) 763-2510
Dr. Nguyen Nguyen, DDS, Walk-ins okay. Medi-Cal accepted.

Comprehensive Dental Care
(they will p/u clients)
141 N. Prairie Ave, Inglewood, CA, (310) 330-0080
Medi-Cal accepted

Homeless Not Toothless
11980 San Vicente Boulevard, #507 | Los Angeles, CA 90049 | (310) 820-0123 | www.homelesstoottless.org
Dozens of dentists providing free dental care!

Impressive Dental Center
1435 South Vermont Avenue, Suite 202 | Los Angeles, CA 90006 | (213) 739-3096
$10.00 Exam

L.A. Mission Community Clinic
311 East Winston Street | Los Angeles, CA 90013 | (213) 893-1960 | www.losangelesmission.org
Medical and dental. Medi-Cal accepted.

UCLA Venice Dental Clinic
323 Lincoln Boulevard | Venice, CA 90292 | (310) 392-4103
Free examination with Medi-Cal.

USC School of Dentistry
925 W. 34th St., DEN 4202 | Los Angeles, CA 90089 | (213) 740-1098
Note: Several clients have reported problems with West Central Dental saying they suggest unnecessary services and charge on the spot.

Also see the Medical Clinics section below—many clinics provide both medical and dental services.

**DETOX**
Medical detoxification from drugs and alcohol.

- **American Recovery Center**
  2180 West Valley Blvd. | Pomona, CA 91768 | (909) 865-2336 | [www.bhs-inc.org/arc.html](http://www.bhs-inc.org/arc.html)
  $200 admission plus $15/day for 10 – 14 days.

- **Brotman Medical Center (Miracles)**
  3828 Delmas Terrace | Culver City, CA 90232 | (310) 840-7020 | [www.brotmanmedicalcenter.com](http://www.brotmanmedicalcenter.com)

- **Clare Foundation**
  1871 9th Street | Santa Monica, CA 90404 | (866) 452-5273 (toll-free) | [www.clarefoundation.org](http://www.clarefoundation.org)
  Detox services + recovery homes (one for men, one for women). Prefers clients start with their detox.

- **Mission Community Hospital**
  14850 Roscoe Blvd. | Panorama City, CA 91402 | (800) 608-4624 | [www.mchonline.org](http://www.mchonline.org)
  Medical detox.

- **Redgate Memorial Recovery Center**
  1775 Chestnut Ave. Long Beach, CA 90813 (562) 599-8444 | [www.bhs-inc.org/rmrc.html](http://www.bhs-inc.org/rmrc.html)
  1-3 week waiting list. 14-day detox, $200; no Medi-Cal

- **Tarzana Treatment Center – Medical Detox**
  18646 Oxnard Street | Tarzana, CA 91356 | (800) 996-1051 | [www.tarzanatc.org](http://www.tarzanatc.org)

More + Orange County resources here: [http://www.costamesaclub.org/directory.htm](http://www.costamesaclub.org/directory.htm)

**EMPLOYMENT SERVICES**

- **Chrysalis Center**
  516 South Main Street | Los Angeles, CA 90013 | (213) 806-6300
  1853 Lincoln Boulevard | Santa Monica, CA 90404 | (310) 401-9400
  [www.changelives.org](http://www.changelives.org)
  Comprehensive job training and support.

- **Didi Hirsch Mental Health Services - Employment Services**
  4760 South Sepulveda Boulevard | Culver City, CA 90230 | (310) 390-6612 | [www.didihirsch.org](http://www.didihirsch.org)
  Comprehensive job training and support.

- **Homeboy Industries**
  130 W. Bruno St. | Los Angeles, CA 90012 | (323) 526-1254 | [www.homeboy-industries.org](http://www.homeboy-industries.org)

- **Los Angeles JobCorps Program**
  1031 Hill Street | Los Angeles, CA 90015 | (800) 733-JOBS; (213) 748-0135 | [www.dol.gov/dol/accomplishments/ca.htm](http://www.dol.gov/dol/accomplishments/ca.htm)
  Long-term academic, vocational, and skills training. Call 800-733-JOBS to get connected with admissions counselor. Eight months to two years of dorm housing available. Clean legal status required (e.g., no current probation). Ages 16 to 24; age limit waived for people with disabilities.

- **PATHFinders Job Center at the UAW-LETC WorkSource Center**
OTHER RESOURCES

3965 South Vermont Avenue | Los Angeles, CA 90037 | (213) 743-3950, ext. 225 | www.epath.org

TLC Vetap
12329 Hawthorne Boulevard | Hawthorne, CA 90250 | (310) 973-2892
Vocational day center. Job-centered instruction and activities.

Transportation Communications Union (TCU)
(213) 747-1433 (William H. Tennis) | tcu.jobcorps.gov
Jobs training for JobCorps enrollees.

FUNDING

L.A. County Department of Public Social Services (General Relief, CalWORKS, etc.)
(562) 908-6603 | www.ladpss.org

Medi-Cal
(800) 541-5555 | www.medi-cal.ca.gov

Social Security Administration (SSI, SDI, SSDI) - 24-hour Info Line
(800) 772-1213 | www.ssa.gov

Social Security Administration (SSI, SDI, SSDI) - Local Office
230 East Spruce Avenue | Inglewood, CA 90301 | (310) 215-2496

HEARING AND VISUALLY IMPAIRED SERVICES

The Center for the Partially Sighted
12301 Wilshire Blvd., #600 | Los Angeles, CA 90025 | (310) 458-3501 | www.low-vision.org

Braille Institute
741 N. Vermont Ave. | Los Angeles, CA 90029 | (323) 663-1111 | www.brailleinstitute.org

Greater Los Angeles Institute on Deafness
2222 Laverna Ave. | Los Angeles, CA 90041 | (323) 478-8000 (voice), (323) 550-4226 (TTY) | www.gladinc.org

St. John’s Mental Health Services for Deaf and Hard-of-Hearing People
1328 22nd Street | Santa Monica, CA 90404 | (310) 829-8921 (voice), (310) 829-8528 (TTY) | www.stjohns.org

HIV/AIDS SERVICES

Aid for AIDS
8235 Santa Monica Boulevard, Suite 200 | West Hollywood, CA 90046 | (323) 656-1107 x201 | www.aidforaids.net
Provides assistance with rent and utility payments, offers housing case management and referrals to housing, transitional living, and emergency shelters.

AIDS Project LA (APLA)
3550 Wilshire Boulevard | Los Angeles, CA 90010 | (213) 201-1600 | www.apla.org
Offers a wide range of services for people with HIV and AIDS.

AIDS Service Center: Home Health Program
OTHER RESOURCES

1030 South Arroyo Parkway | Pasadena, CA 91105 | (626) 441-8495 | www.aidsservicecenter.org
Case management, psychosocial services, housing assistance.

Alternatives - Glendale Memorial Hospital
1420 South Central Avenue | Glendale CA 91204 | (800) DIAL-GAY (342-5429) | www.glendalememorialhospital.org
Substance abuse and mental health treatment, specializing in HIV/AIDS. Medicare accepted.

C.A.R.E. Clinic
1043 Elm Avenue, #300 | Long Beach, CA 90813 | (562) 624-4999

HIV/AIDS Hotline
(800) 367-AIDS | www.aidshotline.org
Referrals to HIV/AIDS services throughout California.

HIV-L.A.
www.hivla.org
HIV online service directory.

Los Angeles Gay & Lesbian Center
1625 North Schrader Boulevard | Los Angeles, CA 90028 | (323) 993-7500 | www.laglc.org
Counseling offered on a sliding fee scale basis. Support groups, HIV care, anger management, case management and other services also available.

Early Intervention Program; Charles Drew University
3209 North Alameda Street, Suite K | Compton, CA 90222 | (310) 761-8444
Primary HIV medical care.

Project New Hope
1004 Echo Park Avenue | Los Angeles, CA 90026 | (213) 250-9481 | www.projectnewhope.org
For clients living with HIV/AIDS, 141 beds located in San Pedro, Silver Lake, Santa Monica, South Los Angeles, Los Angeles, and Hollywood.

The Serra Project/CHOISS
1245 East Walnut Street, Suite 106 | Pasadena, CA 91106 | (626) 403-4222 | www.serraproject.org
Group homes and permanent supportive housing (CHOISS) for people with HIV/AIDS.

INTERNET AND E-MAIL

Computer Access - Los Angeles Public Library
(213) 228-7272 | www.lapl.org/branches
Each library branch (locations listed at website) has computer for non-cardholders with 15 minute limit while others are waiting. You can get a library card—and access to more computers—with a photo ID.

Didi Hirsch Mental Health Services - The Excelsior/Jump Bulletin
(310) 390-6612 | www.didihirsch.org/services/adult/crisis_residential
House news, client updates, success stories, and more. Write EJB@didihirsch.org to contribute or subscribe.

Free E-mail
An easy, no-cost way to stay in touch.
**LEGAL SERVICES**

**Bet Tzedek**  
145 South Fairfax Avenue, #200 | Los Angeles, CA 90036 | (323) 939-0506 | [www.bettzedek.org](http://www.bettzedek.org)

**Homeboy Industries**  
130 W. Bruno St. | Los Angeles, CA 90012 | (323) 526-1254 | [www.homeboy-industries.org](http://www.homeboy-industries.org)

**Legal Aid**  
445 South Figueroa Street | Los Angeles, CA 90071 | (213) 896-1781 | [www.lafla.org](http://www.lafla.org)

**PATH Homeless Court**  
340 North Madison Avenue | Los Angeles, CA 90004 | (323) 644-2200 | [www.epath.org](http://www.epath.org)

Enables people with non-violent misdemeanors to get their record cleared. Participants need to be PATH clients for at least 90 days to qualify. Contact the Access Center to find out most current date (occurs once a month at PATH).

**Protection & Advocacy, Inc.**  
3580 Wilshire Boulevard, Suite 902 | Los Angeles, CA 90010 | (800) 776-5746 | [www.pai-ca.org](http://www.pai-ca.org)

Legal advocacy for disability related issues—funding, housing, etc. “Advancing the rights of Californians with disabilities.”

**MEDICAL CLINICS**

**Airport Clinic**  
9601 South Sepulveda (cross Century and 96th) | Los Angeles, CA 90045 | (310) 215-6020  
Open 24 hours, walk-ins ok, accepts Medi-Cal

**Centinela Medical Group**  
933 N. Centinela Blvd. | Inglewood, CA 90302 | (310) 677-5090  
Accepts Medi-Cal

**Curtis R. Tucker Mental Health Center (DMH)**  
123 West Manchester Boulevard | Inglewood, CA 90301 | (310) 419-5325

**Dr. Leslie Paul**  
3831 Hughes Ave., #705 | Culver City, CA 90230 | (310) 558-8600  
Accepts Medi-Cal

**Dr. Michael Kamiel**  
3831 Hughes Ave | Culver City, CA 90230 | (310) 559-3663  
Accepts Medi-Cal HMO only.

**Eisner Pediatric & Family Medical Center**  
1530 Olive St. | Los Angeles, CA 90015 | (213) 746-1037  
Medical and dental.

**El Dorado Community Services Center**  
[www.eldoradocsc.org](http://www.eldoradocsc.org)  
4450 West Century Blvd. | Inglewood, CA 90304 | (310) 671-0555  
8346 Beverly Blvd. | Hollywood, CA 90048 | (323) 653-1677  
2014 Lincoln Blvd. | Venice, CA 90291 | (310) 664-6388  
Unfunded okay. Medical, mental health, and substance abuse services. Additional locations listed on website.
OTHER RESOURCES

L.A. Free Clinic  
(323) 653-1990 | www.lafreeclinic.org  
Beverly Clinic: 8405 Beverly Boulevard | Los Angeles, CA 90048  
Hollywood Clinic: 6043 Hollywood Boulevard | Los Angeles, CA 90028  
Hollywood Wilshire Health Center: 5205 Melrose Avenue | Los Angeles, CA 90038

L.A. Mission Community Clinic  
311 East Winston Street | Los Angeles, CA 90013 | (213) 893-1960 | www.losangelesmission.org  
Medical and dental. Medi-Cal accepted.

QueensCare Family Clinics  
1300 N. Vermont St., #1002 | Los Angeles, CA 90027 | (323) 953-7170 | www.queenscare.org  
Medical and dental care for the uninsured. Prefer no Medi-Cal.

Ruth Temple Health Center (DMH)  
3834 South Western Avenue | Los Angeles, CA 90062 | (310) 730-3507

St. John's Well Child & Family Center  
3800 S. Figueroa St. | Los Angeles, CA 90037 | (323) 541-1660 | www.wellchild.org  
Clinics in Los Angeles, Compton, and Lincoln Heights.

Venice Family Clinic  
604 Rose Avenue | Venice, CA 90291 | (310) 392-8636 | www.venicefamilyclinic.org  
Unfunded & Medi-Cal.

MENTAL HEALTH ADVOCACY/INFORMATION

Anxiety Disorders Association of America  
(240) 485-1001 | www.adaa.org

Depression and Bipolar Support Alliance  
(800) 826-3632 | www.dbsalliance.org

Healthy Minds  
(888) 35-PSYCH | www.healthyminds.org  
Info on variety of mental health topics from the American Psychiatric Association.

Living Independently in Los Angeles (LILA)  
www.lila.ucla.edu  
Online resource database for people living with disabilities.

Long Beach Multi-Service Center  
1301 W. 12th Street | Long Beach, CA 90813 | (562) 733-1147 | www.longbeach.gov  
Outreach, case management and housing placement services.

Los Angeles Coalition to End Hunger & Homelessness  
(213) 439-1070 | www.lacehh.org

Los Angeles County Client Coalition  
695 South Vermont Avenue, 8th floor | Los Angeles, CA 90005 | (213) 251-6523  
Information and advocacy for mental health clients. Membership is open to those who attend a monthly meeting.

National Alliance on Mental Illness (NAMI)  
(310) 478-8761 | www.nami.org  
Mental health info and advocacy.
National Institute of Mental Health (NIMH)
www.nimh.nih.gov
Mental health info and research.

National Mental Health Awareness Campaign
(877) 495-0009 | www.nostigma.org

OUTPATIENT SERVICES
Therapy, psychiatry, case management, and other services.

AIDS Project LA
3550 Wilshire Boulevard | Los Angeles, CA 90010 | (213) 201-1600 | www.apla.org
Offers a wide range of services for people with HIV and AIDS.

Airport Marina Counseling Center
7891 La Tijera Boulevard | Westchester, CA 90045 | (310) 670-1410 | www.airportmarina.org
Psychiatric and counseling services for individuals, couples, and families. Parenting classes and psychological assessment available. Fees charged on an ability-to-pay basis.

Alcohol Center for Women (ACW)
1147 South Alvarado Street | Los Angeles, CA 90006 | (213) 381-8500

Augustus Hawkins Mental Health
1720 East 120th Street | Los Angeles, CA 90059 | (310) 668-4790
Outpatient counseling, psychiatry, case management.

Behavioral Health Services (BHS)
(310) 679-9126 | www.bhs-inc.org
Recovery centers throughout Los Angeles area provide outpatient substance abuse services. (BHS also runs detoxification and residential facilities.)

Beyond Shelter
1200 Wilshire Boulevard | Los Angeles, CA 90017 | (213) 252-0772 | www.beyondshelter.org
Temporary housing and case management for homeless families with children—variety of locations. Also, rental assistance for homeless parents (regardless of current contact with children). Clients call.

CAPPs After Care Program - UCLA Neuropsychiatric Institute
300 Building Medical Plaza | Los Angeles, CA 90095 | (310) 794-7340 | www.capps.ucla.edu
Outpatient therapy for people 18-35 who are relatively new to the symptoms of mental illness. Research program pays participants around $10/hr.

Cedars-Sinai Outpatient Services
8730 Alden Drive | Los Angeles, CA 90048 | (310) 423-4715 | www.cedars-sinai.edu/1638.html
Variety of psychiatric services including outpatient, intensive outpatient, partial hospitalization, and dual diagnosis intensive outpatient. Accepts Medi-Cal, Medicare. Clients or staff refer.

Cornerstone
14000 Oxnard Street | Van Nuys, CA 91411 | (818) 901-4836 | www.sfvemhc.org/html/cornerstone.html
Walk-in drop-in center. Assistance with housing, groups, therapy, psychiatry. Meals, laundry, showers. No fee.

Didi Hirsch Mental Health Services
4760 South Sepulveda Boulevard | Culver City, CA 90203 | (310) 390-6612 | www.didihirsch.org
Wide variety of services—counseling, case management, psychiatry, groups, and more—at several locations.

Downtown Mental Health
Other Resources

529 Maple Ave. | Los Angeles, CA 90013 | (213) 430-6700
DMH outpatient.

Edelman Westside Mental Health
11080 West Olympic Boulevard | Los Angeles, CA 90064 | (310) 966-6500
DMH outpatient.

ENKI – Pico Union
2524 West 7th Street | Los Angeles, CA 90057 | (213) 480-1557
Case management, outpatient services.

Hollywood Community Hospital of Van Nuys Outpatient
14433 Emelita Street | Van Nuys, CA 91401 | (800) 565-0558
Partial hospitalization (five days a week, four groups per day, one to three months) and intensive outpatient services. Medicare required. Staff or clients refer.

Hollywood Mental Health
1224 Vine Street | Los Angeles, CA 90038 | (323) 769-6100
DMH outpatient.

Homeless Health Care (HHCLA)
2330 Beverly Boulevard | Los Angeles, CA 90057 | (213) 744-0724 | www.hhcla.org
Wide ranging outpatient services—therapy, psychiatry, groups, case management, referrals. All qualify for services.

Jewish Family Services of Los Angeles
6505 Wilshire Blvd., Suite 500 | Los Angeles, CA 90048 | (323) 761-8800 | www.jfsla.org
Wide variety of counseling services at several locations.

Los Angeles County Department of Mental Health
(800) 854-7771 | dmh.lacounty.gov
Locations for outpatient services throughout the county. Call hotline to find nearest site.

Los Angeles Gay & Lesbian Center
1625 North Schrader Boulevard | Los Angeles, CA 90028 | (323) 993-7500 | www.laglc.org
Counseling offered on a sliding fee scale basis. Support groups, HIV care, anger management, case management and other services also available.

The Maple Counseling Center
9107 Wilshire Boulevard, Lower Level | Beverly Hills, CA 90210 | (310) 271-9999 | www.mpcc.org
Long-term therapy. Fees on sliding scale. Requires one year commitment. Has been known to refer substance users to other treatment.

Ocean Park Community Center (OPCC)
1453 16th Street | Santa Monica, CA 90404 | (310) 264-6646 | www.opcc.net
Network of services and shelters (including Daybreak, Samoshel, and Turning Point).

Pacific Asian Counseling Services
8616 La Tijera Boulevard, #200 | Los Angeles, CA 90045 | (310) 337-1550 | www.pacsla.org
Sliding scale counseling with an expertise in immigrant Asian Pacific Islanders. Additional locations in Long Beach and Van Nuys.

Pacific Clinics
900 South Fair Oaks Avenue | Pasadena, CA 91105 | (818) 795-8471 | www.pacificclinics.org
Outpatient therapy, psychiatry, clubhouses, and case management at wide range of locations.

Pacific Resources
4201 Long Beach Boulevard, #230 | Long Beach, CA 90807 | (562) 988-1000
Therapy and psychiatry; accepts Medi-Cal

**Pasadena Recovery Center**
1811 N. Raymond Ave | Pasadena, CA 91103 | (626) 345-9992 | [www.pasadenarecoverycenter.com](http://www.pasadenarecoverycenter.com)
Intensive outpatient program (3 days a week, 3 hours a day) accepts Medi-Cal. (Also runs inpatient program—private insurance only.)

**PATH Gateways**
340 North Madison Avenue | Los Angeles, CA 90004 | (323) 644-2200 | [www.epath.org](http://www.epath.org)
Counseling, psychiatry, case management and other services.

**Prototypes**
6097 Sunset Boulevard | Hollywood, CA 90027 | (323) 463-6281 | [www.prototypes.org](http://www.prototypes.org)
Mental health services at a variety of Los Angeles area locations.

**Rosa Parks Sexual Assault Crisis Center**
4182 South Western Avenue | Los Angeles, CA 90062 | (323) 290-4119

**San Fernando Valley Community Mental Health Center**
(818) 901-4830 | [www.sfvmh.org](http://www.sfvmh.org)
Lots and lots of services including many varieties of case management—FSP, TAY, etc. (SFVMHC runs Cornerstone and the Harbour.)

**Southern California Counseling Center**
5615 West Pico Boulevard | Los Angeles, CA 90019 | (323) 937-1344 | [www.sccc-la.org](http://www.sccc-la.org)
Individual and group therapy offered on a sliding-scale basis; no psychiatry.

**SPIN (Serving People in Need)**
151 Kalmus Drive | Suite H-2 Costa Mesa, CA 92626 | (714) 751-1101 x18 | [www.spinoc.org](http://www.spinoc.org)
For clients who are ready to return to work immediately. Orange County agency will place clients in a sober living; clients have to go to 12-step meetings and find work within two weeks. Focus is addiction and homelessness, not dual diagnosis.

**St. Joseph’s Homeless Service Center**
404 Lincoln Boulevard | Venice, CA 90291 | (310) 399-6878 x407 | [www.stjosephctr.org](http://www.stjosephctr.org)
Emergency services, including shower, laundry, mail, clothing, counseling, and case management. All services provided free of charge. Orientation 8am M-F.

**Step-Up on Second**
2701 Ocean Park Boulevard, #150B Santa Monica, CA 90405 | (310) 392-9474 | [www.stepuponsecond.org](http://www.stepuponsecond.org)
Psychotherapy, case management, drop-in center, and other services.

**The Village**
456 Elm Avenue | Long Beach, CA 90802 | (562) 437-6717 | [www.village-isa.org](http://www.village-isa.org)

**West Central Mental Health**
3751 Stocker Street | Los Angeles, CA 90008 | (323) 298-3680
DMH outpatient.

Some additional outpatient programs are listed here: [www.aging.ucla.edu/dir04.html](http://www.aging.ucla.edu/dir04.html)
PAPERWORK SUPPORT

Bacup (Benefits Assistance Clients Urban Project)
1138 Wilshire Boulevard, #207 | Los Angeles, CA 90057 | (213) 368-1888 | www.bacup.net
Help with Social Security forms.

PHONE HOTLINES

Adult Protective Services
(310) 744-6072 or (310) 399-9213 | www.ladcss.org/APS/APStxt.htm

Child Protective Services
(800) 540-4000 | http://dfcs.co.la.ca.us/

Didi Hirsch Mental Health Services’ 24-hour suicide prevention Crisis Line
(877) 727-7CRISIS (727-4747) - Toll free in L.A. and Orange Counties | www.didihirsch.org

Family Crisis Center
(310) 379-3620 | www.1736familycrisiscenter.org

Friendship Line
(888) 448-9777 | www.mhala.org/friendship-line.htm
Client-run, peer support, non-crisis “warmline” for people coping with mental illness. Call for supportive, caring, non-judgmental talk 6pm-10pm weekdays; 2pm-10pm weekends and holidays.

HIV/AIDS Hotline
(800) 367-AIDS | www.aidshotline.org
Referrals to HIV/AIDS services throughout California.

Los Angeles County Department of Mental Health Access Center
(310) 268-2505 or (800) 854-7771 | dmh.lacounty.gov
DMH Access hotline offers information about and referrals to local mental health system of care, 24 hours a day, 7 days a week.

National Domestic Violence Hotline
(800) 799-SAFE | www.ndvh.org

National Suicide Prevention Lifeline
(800) 273-TALK (273-8255) | www.suicidepreventionlifeline.org

OMNI Helpline
(800) 235-1191
Housing referrals.

Rape Crisis, Battering and Domestic Violence 24-hour Hotlines
(626) 793-3385 | (310) 392-8381 | (213) 626-3393

Self-Help Recovery and Exchange (SHARE)
5521 Grosvenor Boulevard | Los Angeles, CA 90066 | (310) 305-8878 | www.shareselfhelp.org
Referrals to wide range of self help support groups including 12-steps.

PSYCHIATRIC EMERGENCY TREATMENT (PET) TEAMS

All Care Behavioral Health
(818) 789-4744
OTHER RESOURCES

College Hospital
(800) 352-3301

County Crisis Line
(310) 268-2505 or (800) 854-7771 (TRY FIRST)

Department of Mental Health PET Team
(213) 430-6800

Emergency Outreach Bureau, Service Area 5
(310) 268-2519 during business hours

L.A. Metro
(800) 787-4357

L.A. Smart Team
(213) 485-3375

PSYCHIATRIC HOSPITALS
Psychiatric hospitals in the greater Los Angeles area.

Atascadero State Hospital
10333 El Camino Real | Atascadero, CA 93422 | (805) 468-2000 | www.dmh.ca.gov/Services_and_Programs/State_Hospitals/Atascadero/Default.asp

Bellflower Medical Center
9542 Artesia Blvd. | Bellflower, CA 90706 | (562) 867-2548 | www.bellflowermedicalctr.com

Brotman Medical Center
3828 Delmas Terrace | Culver City, CA 90232 | (310) 836-7000 | www.brotmanmedicalcenter.com

Cedars-Sinai Medical Center
8700 Beverly Boulevard | Los Angeles, CA 90048 | (310) 423-3277 | www.csmc.edu

Citrus Valley Medical Center
210 W. San Bernardino Road | Covina, CA 91723 | (626) 331-7331 | www.cvhp.org

College Hospital of Costa Mesa
301 Victoria Street | Costa Mesa CA 92627 | (949) 642-2734 | www.collegehospitals.com/cm/cmservice.html

Community Hospital of Long Beach
1720 Termino Avenue | Long Beach, CA 90804 | (562) 498-1000 | www.chlb.org

Del Amo Hospital
23700 Camino del Sol | Torrance, CA 90505 | (310) 530-1151 | www.delamotreatment.com

Glendale Adventist Medical Center
1509 Wilson Terrace | Glendale, CA 91203 | (818) 409-8000 | www.glendaleadventist.com

Harbor-UCLA Medical Center
1000 West Carson Street | Torrance, CA 90502 | (310) 222-2345 | www.humc.edu

Henry Mayo Newhall Memorial Hospital
23845 McBean Parkway | Valencia, CA 91355 | (661) 253-8326 | www.henrymayo.com
Other Resources

Hollywood Community Hospital of Van Nuys
14423 Emelita Street | Van Nuys, CA 91401 | (818) 787-1511

Huntington Hospital
100 W. California Blvd. | Pasadena, CA 91105 | (626) 397-5000 | www.huntingtonhospital.com

Mission Community Hospital
14850 Roscoe Blvd. | Panorama City, CA 91402 | (818) 787-2222 | www.mchonline.org

Los Angeles County USC Medical Center
2020 Zonal Avenue | Los Angeles, CA 90089 | (323) 442-1100 | www.usc.edu/schools/medicine/patient_care/hospitals_clinics/lacusc_medical.html

Los Angeles Metropolitan Medical Center (L.A. Metro)
2231 South Western Avenue | Los Angeles, CA 90018 | (323) 730-7300 | www.lammc.com

Metropolitan State Hospital
11401 Bloomfield Avenue | Norwalk, CA 90650 | (562) 863-7011 | www.dmh.ca.gov/Services_and_Programs/State_Hospitals/Metropolitan/default.asp

Pacific Hospital of Long Beach
2776 Pacific Avenue | Long Beach, CA 90806 | (562) 997-2000 | www.phlb.org

Pacifica Hospital of the Valley
9449 San Fernando Road | Sun Valley, CA 91352 | (818) 767-3310 | www.pacificahospital.com

Patton State Hospital
3102 East Highland Avenue | Patton, CA 92369 | (909) 425-7000 | www.dmh.ca.gov/Services_and_Programs/State_Hospitals/Patton/default.asp

Resnick Neuropsychiatric Hospital at UCLA
760 Westwood Plaza | Los Angeles, CA 90024 | (310) 825-9989 | www.healthcare.ucla.edu/npih

Torrance Memorial Medical Center
3330 Lomita Blvd. | Torrance, CA 90505 | (310) 325-9110 | www.torrancememorial.org

St. Francis Medical Center
3630 E. Imperial Highway | Lynwood, CA 90262 | (310) 900-8900 | www.stfrancismedicalcenter.org

White Memorial Medical Center
1720 Cesar E. Chavez Ave. | Los Angeles, CA 90033 | (323) 268-5000 | www.whitememorial.com

Tattoo Removal

Homeboy Industries
130 W. Bruno St. | Los Angeles, CA 90012 | (323) 526-1254 | www.homeboy-industries.org

Transportation

Access Paratransit
(800) 827-0829 | www.asila.org
Transportation made cheap and easy. A great deal. Apply on-line or call number above.

Amermedical Response
(626) 808-2100
Must have Medi-Cal.

**Metropolitan Transportation Authority (MTA)**
(800) 266-6883 | [www.mta.net](http://www.mta.net)
Buses and subways throughout L.A. Use number or website to help plan routes.

**TWELVE-STEP PROGRAMS/SUPPORT GROUPS**

**Alcoholics Anonymous**
4311 Wilshire Boulevard | Los Angeles, CA 90010 | (323) 936-3624; (323) 735-2089 (Spanish) | [www.lacoaa.org](http://www.lacoaa.org)

**Cocaine Anonymous**
(310) 216-4444 | [www.ca4la.org](http://www.ca4la.org)

**Crystal Meth Anonymous**
(213) 488-4455 | [www.crystalmeth.org](http://www.crystalmeth.org)

**Dual Recovery Anonymous**
(877) 883-2332 | [www.draonline.org](http://www.draonline.org)
Twelve-step groups tailored for people suffering from mental illness. Calls usually get answering machine.

**Gamblers Anonymous**
(213) 386-8789 | [www.gamblersanonymous.org](http://www.gamblersanonymous.org)

**Narcotics Anonymous**
(818) 773-9999 | [www.na.org](http://www.na.org)

**Project Return: The Next Step**
(323) 346-0960 x210 | [www.prtns.org](http://www.prtns.org)
Client-run peer support programs include self-help clubs, community activities, and wellness centers.

**Recovery Inc.**
(312) 337-5661 | [www.recovery-inc.org](http://www.recovery-inc.org)

**Schizophrenics Anonymous**
(323) 346-0960 | [www.sanonymous.com](http://www.sanonymous.com)
Support groups for people diagnosed with schizophrenia.

**VETERANS SUPPORT**

**Veterans Administration (West Los Angeles)**
11301 Wilshire Boulevard | Los Angeles, CA 90073 | (310) 478-3711 | [www.losangeles.va.gov](http://www.losangeles.va.gov)
Services of all kinds for armed services veterans.